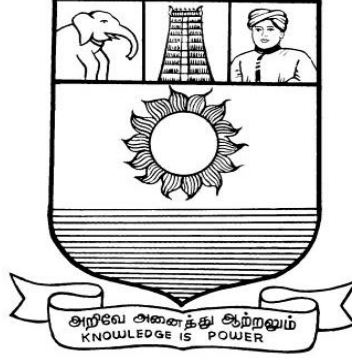


மனோன்மணியம் சுந்தரனார் பல்கலைக்கழகம்
திருநெல்வேலி- 627 012

**Manonmaniam Sundaranar University
Thirunelveli - 627 012.**



கல்விசார் நிலைக்குழுக் கூட்டம்

**MEETING OF THE STANDING COMMITTEE ON
ACADEMIC AFFAIRS HELD ON 09.02.2017**

**Syllabus for Diploma in Occupational Therapy Course offered
through Directorate of Vocational Education
(Community Colleges and Extension Learning Programme)
from 2017 - 2018**

DIPLOMA IN OCCUPATIONAL THERAPY
SCHEME OF EXAMINATION

Subject code	Title of the Paper	Credit	Hours	Passing Minimum
Semester I				
C17OT11/E17OT01	Foundations of Occupational Therapy	6	90	40/100
C17OT 12/E17OT02	Occupations Across the Life Span	6	90	40/100
C17OT 13/E17OT03	Psychosocial Occupational Therapy	6	90	40/100
C17CE10/E17CE10	Communicative English	6	90	40/100
C17OTP1/E17OTP1	Practical I	6	90	40/100
Semester II				
C17OT 21/E17OT04	Basic Patient Counselling Skills	6	90	40/100
C17OT22/E17OT05	Treatment approaches and models in Occupational Therapy	6	90	40/100
C17LS23/E17LS05	Life skill	6	90	40/100
C17OT24/E17OT06	Occupational Therapy in mental health conditions	6	90	40/100
C17OTP2/C17OTP2	Practical II	6	90	40/100

Eligibility for admission: Pass in 12thstd examination conducted by the Govt. of Tamil Nadu Board of Secondary Education, Government of Tamil Nadu or any other equivalent examination.

Examination: Passing Minimum for each paper is 40%. Classification will be done on the basis of percentage marks of the total marks obtained in all the papers and as given below:

- 40 % but less than 50 % - Third class
 50 % but less than 60 % - Second class
 60 % and above - First class

Syllabus**First Semester:-**

- Paper I - Foundations of Occupational Therapy
 Paper II - Occupations Across the Life Span
 Paper III - Psychosocial Occupational Therapy
 Paper IV - Communicative English
 Paper V - Practical 1

Second Semester:-

- Paper VI - Basic Patient Counselling Skills
 Paper VII - Treatment approaches and models in Occupational Therapy
 Paper VIII - Life Skill
 Paper IX - Occupational Therapy in mental health conditions
 Paper X - Practical II

***(Semester Pattern for Community College Only)**

Semester - I

(C17OT11/E17OT01)Foundations of Occupational Therapy

Unit 1. Theoretical foundations of Occupational Therapy

Unit 2. Role challenges and opportunities

Unit 3.Skills and practices in Occupational Therapy

Unit 4.Community based Rehabilitation

Unit 5. Occupational Science

References:

1. Kielhofner, G. (2009). *Conceptual foundations of Occupational Therapy Practice*, 4th ed. F. A. Davis Company.
2. Duncan, E. A. S. (2011). *Foundations for practice in Occupational Therapy*, 5th ed. Elsevier.
3. Hagedorn, R. (1997). *Foundations for practice in Occupational Therapy*, 2nd ed. Elsevier.

(C17OT 12/E17OT02)Occupations across the lifespan

Unit 1.Introduction to Human Occupations
Definitions, Concepts, history and therapeutic values

Unit 2.Occupational performance: Domains of concern
Self maintenance – productivity – schooling - leisure –play–sleep, rest and spirituality –
occupational balance

Unit 3.Occupational role development across the lifespan
Infancy and Childhood – Adolescence – Adulthood –Older Adulthood – towards the end of life

Unit 4.Principles and issues of treating people with developmental dysfunction

Unit 5.Management of specific Occupation in people with developmental dysfunction such as self
care, social, play and school skills

Required texts:

Bee, H.L., & Boyd, D. (2012). *Lifespan Development*. 6th Edition. New York, NY: Allyn & Bacon.

Crepeau, E. B., Cohn, E. S., Schell, B. A. B. (2009). *Willard and Spackman's occupational therapy* (11th ed). Baltimore, Maryland: Lippincott Williams & Wilkins.

Recommended texts:

Christiansen, C., & Baum, C. (1997). *Occupational therapy: Enabling function and well-being*. Thorofare, NJ: Slack.

Kramer, P., Hinojosa, J, & Royeen, C.B. (2003). *Perspectives in human occupation: Participation in life*. Philadelphia: Lippincott Williams & Wilkins.

Law, M., Naum, C., & Dunn, W. (2001). *Measuring occupational performance*. Thorofare: Slack.

Pain, H., McLellan, L., & Gore, S. (2002). *Choosing assistive devices: A guide for users and professionals*. London: Jessica Kingsley Publishers.

Watson, R., & Swartz, L. (Eds.) (2004). *Transformation through occupation*. Philadelphia: Whurr Publishers.

(C17OT 13/E17OT03)Psychosocial Occupational Therapy

Unit I: Introduction

Definition – Nature – Characteristics – Scope of Practice

Unit II: Psychological Theories and their Treatment Methods

Humanistic Perspective – Biological Perspective – Psychodynamic Perspective – Behavioural Perspective – Cognitive Perspective

Unit III: Diagnosis and Dysfunction

Diagnosis and Psychopathology – Clinical Terminology of Diagnosis & Psychopathology – Psychiatric Intervention in the Era of Recovery

Unit IV: Occupational Therapy Interventions in Mental Health

Assessment, Evaluation and Outcome Measurement – Use of Psychosocial methods and Interpersonal Strategies in Mental Health – Groups in Psychosocial Occupational Therapy

Unit V: Specialised roles for Occupational Therapy in Mental Health

Occupational Therapy in Criminal Justice – in School Setting – in Vocational Programming – Substance Abuse and Occupational Therapy

References:

1. Cara, E., & MacRae, A. (2013). *Psychosocial Occupational Therapy: An evolving practice*, 3rd ed. Cengage Learning, India.
2. Stein, F., & Cutler, S. K. (2002). *Psychosocial Occupational Therapy: A holistic approach*. Thomson Learning.
3. Bruce, M. A., & Borg, B. (1993). *Psychosocial Occupational Therapy: Frames of reference for interventions*, 2nd ed. Slack Inc.

(C17CE10/E17CE10) Communicative English

Unit I: Learning context

Concept of learning – Learning style – Grammatical framework – sentence framing – paragraph and texts

Unit II: Reading

Basic concept – Purposes of reading-Decoding-Reading materials – Barriers of reading

Unit III: Writing

Basic concept-Writing style-Terminology-stages-English spelling and punctuation – Written texts

Unit IV: Speaking

Language functions-Conversation- Features of spoken English – Types of English course: functional English, English literature, advance English – Phonetic

Unit V: Developing Communication Skills

Meaning –Classroom presence- Features of developing learning process- Practical skills and Listening- uses of communicative English

Reference Books:

1. Raman, m. & S. Sharma (2011) communication skills, OUP, New Delhi: India
2. Lata, P. & S. Kumar (2011) communication skills, OUP, New Delhi: India,
3. Leech, G & J. Svartvik (2002) A communicative grammar of English, Pearson, India,
4. Sethi, J. and P. V. Dharmija (2007) A course in Phonetics and spoken English. Second edition, Prentice hall: New Delhi

(C17OTP1/E17OTP1) Practical – I

Semester - II

(C17OT 21/E17OT04)Basic Patient Counselling Skills

UNIT 1: INTRODUCTION

Counselling Definition - Basic Counselling techniques – Basic Principles of Counselling –The Helping relationship – The helping process - Personal qualities of a Counsellor.

UNIT 2: STRATEGIES THAT BUILD RAPPORT & CLIENT DIALOGUE

Attending & Encouraging – Restating – Paraphrasing – Reflecting – Perception Checking – Summarising

UNIT 3: STRATEGIES THAT AID IN GATHERING INFORMATION & ENHANCING RELATIONSHIP

Asking questions – Probing – Self Disclosure – Confrontation – Communication skills

UNIT 4: INTERVENTION & TERMINATION SKILLS

Training patients in Relaxation – Coaching, Demonstrating and Rehearsing – Improving patient's Self Talk

UNIT 5: ISSUES IN COUNSELING CHILDREN

Serving Special Populations: Use of Creative Techniques –cultural issues – exceptional and other special population of children

Reference Books:

1. **Practical Counselling& Helping Skills.** By Richard Nelson-Jones. 5th Edition, 2005, Sage Publications
2. **Basic Counselling Skills – A Helper's Manual.** By Richard Nelson-Jones. 2nd Edition, 2008, Sage Publications
3. **Introduction to Counselling – Texts & Activities.** By Richard Nelson-Jones. 2nd Edition, 2009, Sage Publications
4. **Counselling – Theory and Practice.** By Wayne Perry

(C17OT22/E17OT05)Treatment approaches and models in Occupational Therapy

Unit I-Treatment Approaches for Pediatric condition

Unit II-Treatment Approaches for Psychiatric condition

Unit III-Treatment Approaches for Neuro condition

Unit IV-Treatment Approaches for Orthopedic conditions

Unit V-Treatment Approaches for Cardio respiratory condition

Reference Books:

1. Turpin, M., &Iwama, M. (2011). *Using Occupational Therapy models in practice*. Elsevier.
2. Reed, K. l. (1984). *Models of practice in Occupational Therapy*. Williams & Wilkins.
3. Ikiugu, M. N. (2007). *Psychosocial conceptual practice models in Occupational Therapy: Building adaptive capability*. Elsevier.
4. Dunbar, S. B. (2007). *Occupational Therapy models for intervention with children and families*. SLACK

(C17LS23/E17LS05)LIFE SKILL

(Common to All Courses)

UNIT- IATTITUDE : Positive thinking – Goal setting – Problem Solving and Decision making – Leadership and Team Work.

UNIT- II COMMUNICATION SKILLS: Oral communication: Concept of English language – Fluency – Verbal communication in official and public situations.

UNIT-III COMMUNICATION SKILLS: Written Communication: Comprehension – Writing a formal letter like application for Job, enquiry, reply, complaint and such others – preparation of Resume, Curriculum Vitae.

UNIT- IV COMPUTING SKILLS – 1: Introduction to Computers, its various components and their respective functions – Memory storage devices – Microsoft (MS) Office – MS Word.

UNIT - V COMPUTING SKILLS – 2 Internet Basics – Origin of Internet – MODEM – ISP – Upload – Download – e-mail – Origin of worldwide web (www) Browsers – Search engines.

Reference books:

Life skill, Manonmaniam Sundaranar University Publications Division (2011)

(C17OT24/E17OT06)OCCUPATIONAL THERAPY IN MENTAL HEALTH CONDITIONS

Unit 1. Mental Health Examination

History -Mental status examination -Interpersonal/Intra personal/task -behaviour/projective technique

Unit 2. Neuro Psychological tests

Commonly used tests. -Application in Occupational Therapy

Unit 3. Common Psychiatric Conditions

Neuro psychiatric conditions -Childhood psychiatric conditions -Acquired psychiatric conditions.

Unit 4. Investigative Procedures

Application in Occupational Therapy

Unit 5. Frames of references

Occupation behaviour frame of reference -Psychodynamic frame of reference -Psychoanalytical frame of reference -Cognitive behaviour frame of reference

Reference Books :

*H. Hopkins & H. Smiths – Willard and Spackman’s Occupational Therapy – 8th edition.

*M. Wilson – Occupational Therapy in Short Term Psychiatry 3rd edition.

*M. Wilson – Occupational Therapy in Long Term Psychiatry – 3rd edition.

*G.S. Fidler and J.W. Fidler – Occupational Therapy a communication process (1st edition.)

*K.Reed – Quick reference to Occupational Therapy (Latest)

*Creek J. – Occupational Therapy & Mental Health

(C17OTP2/C17OTP2)Practical – II

